

CMSI Children's Resource

NEPAL

Teaching Plans







Key teaching point + Why should we care about the earth?

*We are stewards and trustees of creation *The earth matters to God

The Switched On material can be used in whatever order or format works best for you. However, the following suggested outline may prove helpful.



Group Time

Introduce the children to the Switched On Children's Resource and briefly explain what they will be learning about in the coming weeks. (PPT slide 2) Spend some time looking at the map of the world - where Nepal is in relation to us (PPT slide 3 and 4/map video).



Quiz Time

Quick fact file on prior knowledge of Nepal (select questions - don't feel you need to do them all on the PPT slides 5-24 OR use the workbook 'fact file' page 1) Explain that Nepal will be our focus - a country rich in culture and natural beauty.



Discussion

Why should we care about the earth? PPT slide 25

Story Time

Begin by talking about soil! Bring some soil to today's lesson, along with some teaspoons. Ask the children to take a teaspoon of soil and have a look at it. Ask them if they can see anything living in the soil. Use PPT slides 26-27 to discuss the wonder of creation – one teaspoon of soil contains more living organisms that there are people in the world!

Explain to them that the Bible is filled with God's love for creation and the wonder of the world. God created people to look after the world.

Read: Genesis 2:15 either in NIV, from the Bible extract sheet or PPT slide 28.

What does this tell us about our role?

Unpack that we are stewards or trustees of creation, so the earth matters to God.

Read: Psalm 24:1 either in NIV, from the Bible extract sheet or PPT slide 29.

Talk about how God created the whole world and made people so we can share in God's love. Explain that God loves everyone (we will build on this next lesson).



Film 1 (5 minutes)

After the film, ask the children if they have any questions about what they saw or what differences they see between Nepal and Ireland.



Workbook Activity

Complete the Nepali 'colour the banner' activity (workbook page 2) or try writing Psalm 24:1 in Nepali (workbook page 3).



Additional activities – #Connect4Creation muddy bee trail with Bishops' Appeal PPT slide 37

Encourage the children to get outside and enjoy the wonder of the world around them with Bishops' Appeal - Muddy Church. There are four handouts (pages 5-8) in their packs which can be copied and given home with the children.

Craft activity – Cress Heads

Materials - soil or cotton wool, water, cress seed, small container (eggshell in eggcup/yoghurt pot/paper cup/ plant pot), pens/stickers for decorating. See PPT slides 31 and 32 for decoration ideas. (Images from cbeebies, mykidstime, berkshiremummies, cleverpatch,

thatssogemma, gardeningknowhow).

- Instructions:
- 🔆 Decorate container.
- 🖈 Place cotton wool/soil inside each container (3/4 full).
- 🙀 Dampen cotton wool/soil with water.
- Sprinkle 1 tsp cress seeds onto each one. ŵ
- Secure container if necessary (eg. sit the filled shells in eggcups).
- 🙀 Leave in a dry, well-lit place for a week.
- ☆ Send home workbook page 4 with care instructions for their Cress Heads - discuss with children how they can care for and tend to their little plant this week and then enjoy eating the cress when it's ready. They can be good stewards of their little patch this week.



Memory Verse – Galatians 6:2

"Bear one another's burdens and so fulfil the law of Christ" Galatians 6:2 (PPT slide 33) (This verse has been chosen to help build upon the CIYD Climate toolkit resource) Each week we will be learning the same memory verse but exploring a different element of it. This week the focus is on 'one another'. To help the children begin to learn the memory verse get them up on their feet, walking around the room. Change direction when they say the word 'and'. Increase frequency until they are changing direction after every word OR say the memory verse as they juggle a balloon.

Round-up

Ask the group to turn to their partner and tell them the following: (prompts on PPT slides 34 and 35 with option to pick 1)

- √explain what it means to be a trustee/ steward of creation;
- \checkmark what are the implications of this mandate? ✓ one thing they learnt from the DVD film today?
- √how could they explain what they learnt today to someone who wasn't in class?

Praver

Finish the lesson with the suggested prayer in the workbooks page 4 (also on PPT slide 36).









ession 1 Blue

Key teaching point + What happens when we don't care?

- * Consequences of climate change
- * It's a responsibility and privilege to care for God's creation
- * People bear God's image so share in this responsibility and privilege

Group Time : Recap on last lesson PPT slide 2– why should we care about the earth? What country were we in? Ask the children to tell you anything they can remember about Nepal.Introduce the theme for today by building on last lesson – remind children of the question they discussed: why should we care about the earth? Recap that the earth matters to God and people matter to God.

Story Time: Begin by talking about mirrors! **Bring a mirror and a piece of paper with you.** Ask the children what can mirrors do that a piece of paper can't do? Discuss what a reflection is. Look at how the same image is reflected back (PPT slide 3). Explain to them that in the Bible we read about a different kind of image – people were made in the image of God. This doesn't mean that we look like God but that we reflect something of the character of God. Ask the children what that might be.

Read: **Genesis 1:27** either in NIV, from the Bible extract sheet or PPT slide 4.

If all people are made in the image of God, how might that change how we see one another?

Unpack that everyone is special no matter who you are or where you are from.

Craft activity - made in the image of God

<u>Materials</u> – airdry clay; plates; water; cloths, ppt images (Images from shevet, trinity nottingham, South Lanarkshire primaries, pinimg)

Instructions:

 \mathbf{k} Give each child a piece of clay and a plate.

- Show them the images of clay people on the PPT slide 5 – each is an individual but together they help us see how human beings are made in the image of God when they are together and they care for one another.
- ☆You may want to make a display with all the figures from all of the classes to help convey to the children this idea of the individual and collective.

Discussion. : Bearing God's image is an amazing thing – it is both a privilege (something really special) and a responsibility (something that means we have a job to do). PPT slide 6: What happens when we don't care? If the earth and all people matter to God, what happens when we don't care for the earth and each other?

Film 2 (5 minutes)

After the film, ask the children if they have any questions about what they saw. Some children may be distressed by the floods and thought of people being hurt. Gently reinforce that this is something that really happens but that we can do something about it...see next two lessons to reinforce the message of hope and personal involvement in changing things.

How did the film help us see what happens when we don't care for the earth? You may want to unpack a little bit about climate change and how it is the consequence of people's actions.

Memory Verse: "<u>Bear</u> one another's <u>burdens</u> and so fulfil the law of Christ" Galatians 6:2 (PPT slide 7)

This week the focus is on 'bear[ing]...burdens'. To help the children remember the memory verse sit in a circle. Say the memory verse together. Then take one word each and work around the circle. Start at different points each time. If you want to make it more challenging, have **a ball** and get the children to say each word of the verse when the ball is thrown to them (the balls needs to keep moving – a bit like a hot potato rather than children deliberating who to pass to next)

To consolidate the memory verse, play one of the following games: Foil boats OR Yarn Web



Game 1. Foil boats (PPT slide 8)

The point of this game is to help demonstrate how we can share one another's burdens through seeing how the coins sink on their own but the foil boat can bear the burden of many coins – working together we can all help each other

<u>Materials</u> – tinfoil, coins, basin, water Instructions:

- Drop a coin in the water discuss what happens and why.
- Make a boat out of tinfoil discuss what might happen if coins are added to the boat.
- 3. Set coins one by one onto the boat discuss what is happening and why the coins float.
- See how many coins can be supported by the boat

 you might want to experiment with a few different designs or different ways of distributing the coin-load.

Game 2. Yarn Web (PPT slide 9)

<u>Materials</u> – large ball(s) of thick yarn, several heavy objects <u>Instructions</u>:

- Make a circle standing as close to one another as they can.
- Give them a big ball of thick yarn.
- One person hold on to the end of the yarn, and instruct them to pass the ball of yarn to someone across the circle.
- When that person catches the yarn, instruct them to make the yarn as taut as possible, to hold on to that next portion of yarn, and to pass the yarn to someone else.
- Continue this process as many times as possible. Remember to make the line as taut as possible.
- Make sure that each person in the circle is holding part of the yarn as it continues to get passed around.
- Use the entire ball of yarn until the youth have formed a thick, strong web of yarn.
- Invite them to notice how this yarn has them all connected to one another, that if anything were to push the yarn down, they would all feel the weight of that.
- Have one of the youth begin to pull their part of the yarn down toward the ground.
- Have them note what is happening, that when one pulls it down, they all feel the pull of it, but that they are still managing to keep the yarn up. The web they have constructed is strong!
- Now begin adding heavy objects to this tightly constructed web. See how much you can add to the web and how much they are able to bear together.

Round-up

Ask the children what things they have learnt from today's lesson. Using workbook page 9, pictorially present the ways in which we can 'bear one another's burdens'. Wrap up the lesson with the following questions verbally or on the activity page:

- What did you learn from the Bible today?
- What did you learn from the DVD film today?
- What can we share with our friends and family?

Prayer

Finish the lesson with the suggested prayer in the workbooks page 9 (also on PPT slide 10).





Key teaching point + Why should we care about people far away?

* love your neighbour as yourself



Group Time

Recap on the last 2 lessons PPT slide 2– why should we care about the earth? What happens when we don't care?

Introduce the theme for today by building on last lesson – if everyone is made in God's image and every person matters to God, how might that change how we view ourselves? Discuss that God wants us to love ourselves – not in an arrogant or selfish way but in a good and proper manner – we should care about ourselves because we matter to God – we are precious and so we should be kind to ourselves.



Story Time

Begin by asking the children how they can tell the character of someone (a parent/teacher/friend). What sorts of things help you know if your teacher is kind? Discuss how what someone says/does/their rules help us learn a lot about them. Discuss what a commandment is. Discuss what the most important commandment is. Explain that God's commandments are rules or guides to help people live in good and right ways. Explain that when Jesus came, he said there are just 2 commandments, and they are both about love. What might this tell us about God's character?

Read: **Mark 12:29-31** either in NIV, from the Bible extract sheet or PPT slide 3.

If we are to love our neighbour as ourselves, how might that change our behaviour?

(this commandment to love our neighbour as ourselves has its roots right back in the early part of the Bible – Leviticus 19:18. From the very start, God's character was one of love.)



Game : Stick it to your neighbour (PPT slide 4)

<u>Materials</u> – 2 forks taped to the end of garden cane/long sticks (at least 1 metre), a bowl of marshmallows Instructions:

- Select 2 children.
- Explain to them that they must eat at least one marshmallow each with a fork.
- Present the long fork.

• They must not move their hands up the stick. If the sticks are long enough and they don't cheat by moving their hands, they will need to work together to feed each other. The purpose of this game is to help the children see the need to work together and care for each other rather than go it alone.



Discussion

Discuss some of the ways that we can show love to others – consider the ways in which the children can demonstrate their love for their families/friends/ teachers etc. Remind them of the Nepal video from last lesson – how could people show love to one another in Nepal after an emergency?



Film 3 (3 minutes)

After the film, ask the children if they have any questions about what they saw.

How do CMS Ireland's global partners in Nepal show love to others? What might make it difficult for them? Why do they keep going, helping others despite the challenges? What can we learn from this?



Why should we care about people far away? PPT slide 5 (use this to set up next lesson which is the parable of the good Samaritan)

Session 3

Memory Verse – Galatians 6:2 "Bear one another's burdens and so <u>fulfil the law of Christ</u>" (PPT slide 6) This week the focus is on 'fulfil[ling] the law of Christ'.

This means that caring for one other and 'bearing burdens' together is a command we have been given by God. The children should feel comfortable with the memory verse by now – do a quick recap on the wording. One way in which we can show we care is to work on communicating with everyone and caring enough to learn new things to help others feel included. This week we are going to learn how to say the memory verse in sign language. **Sign language - Film (1 minute)**

Discussion : How does this clause of the memory verse change the first part? Unpack the imperative that Christians must be proactive in community, sharing and loving one another in order to live out Christ's commands. What implications does this have for our lives? As they think through the implications of these ideas, watch the 5 minute video from Laudato Si' to help them think through some of the ways they can play their part <u>https://</u> www.youtube.com/watch?v=o3Lz7dmn1eM (YouTube link embedded into PPT slide 7) Pope Francis' letter on care for our common home.

Craft activity – loving others (collage of love)



<u>Materials</u> – recyclables, old materials, natural pieces like sticks, leaves etc We would encourage you to ask the whole church to support the children in getting the resources, not just parents/carers.

- Instructions:
- Decide together your approach for this craft project.
- Through discussion come to a decision on how you can best capture a visual of loving our neighbours as ourselves – this can be though depictions of people interacting / words / symbols made out of the materials. If you can encourage a climate focus that will help consolidate the central theme of the children's resource which is how climate change is experienced by our partners around the world, most particularly in Nepal.
- See PPT slide 8 images to help generate initial ideas – Firadaus, Alonso, Melnyk, Harrison, Galima

Round-up

Ask the children what things they have learnt from today's lesson. Using workbook page 10 pictorially represent the two most important commandments as a banner. You may like to wrap up the lesson with the following questions:

- What did you learn from the Bible today?
- What did you learn from the DVD film today?
 What each was share with over friends and formily?
- What can we share with our friends and family?

Prayer

Finish the lesson with the suggested prayer in the workbooks page 10 (also on PPT slide 9).





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Key teaching point + Who is my neighbour?

* Everyone!





Group Time

Recap on the last 3 lessons PPT slide 2 – why should we care about the earth? What happens when we don't care? Why should we care about people far away? This is the focus of this week – who is my neighbour? PPT slide 3



Story Time

Begin by asking the children if they know the names of their neighbours? Are our neighbours just the people who live on our street?

Read: **Luke 10:25-37** PPT slide 4 either in NIV, from the Bible extract sheet or PPT cartoon videos.

Who is your neighbour? How does this change how we look after the world around us? The Good Samaritan videos

The Good Samaritan videos

- PPT slide 5 crossroads kids' club <u>https://</u> www.youtube.com/watch?v=MLzdQtetedc
- PPT slide 6 saddleback kids <u>https://</u> www.youtube.com/watch?v=osfQg4yKtq8

Film 4 (3.5 minutes)

After the film, ask the children if they have any questions about what they saw.

PPT slide 7 Who are CMS Ireland's neighbours? How do they practice Jesus' parable of being a good Samaritan?



Empathy task

A good Samaritan cares. Building our capacity for empathy helps us to care. Discuss the famous adage 'You can't understand a person until you walk a mile in their shoes' (PPT slide 8).



Use the visualisation task attached or the CIYD 'Walking in their shoes' task in their workbooks pages 11-14 to help the children imagine what it would be like to experience a climate emergency in Nepal. When we try and imagine things from another person's perspective it helps us to care more deeply about them. Using workbook page 15, note some responses to hearing the second story.



Use this activity to discuss some of the things that can be done by us in Ireland to try and reduce climate change and climate injustice. Changing actions and behaviours helps to show we care – use 'ideas area' on workbook page 15 to record some ideas – challenge the children to share this with their families. Discussions could feed into the final week's all age service in churches.



Fundraising

Please use this as an opportunity to encourage the children to raise funds for Nepal's emergency relief programmes. You may want to organise a fundraising activity together or encourage some individual fundraising. (PPT slide 9)



Drama (PPT slide 10)

This activity is intended to consolidate the story of the good Samaritan whilst providing an opportunity to connect with CMSI. If you would like to have your pupils feature on our social media, you should submit 5 'freeze frame' images from your drama as a series of photos or ppt / pdf story board.

Please make sure all children photographed have permission to be shown on social media.

Instructions for freeze frame and mini drama PPT slide 11

- Explain the drama task has 2 elements acting out the story and depicting it as 5 photographs / freeze frames.
- Decide on 5 best points of the story for photographing.
- Allocate roles.
- Act out the story (you can use costumes).
- Set up 5 photos/freeze frames (think carefully about the range of shots across the 5 photos – the photos should tell the story).
- You can simply number them or put them into a storyboard and send them to us at info@cmsireland.org



Memory Verse – Galatians 6:2

"Bear one another's burdens and so fulfil the law of Christ" Galatians 6:2 (PPT slide 12) This week we will consider how all elements of the memory verse link together. Recap the last 3 weeks – one another; bearing burdens; fulfilling Christ's law. This week why not write a song together to help remember the words of Galatians 6:2?

Round-up

Ask the children what things they have learnt from today's lesson. Review their responses to workbook page 15 'walk a mile in someone else's shoes'. Encourage them to discuss their ideas with people at home.

You may like to wrap up the lesson with the following questions:

- What did you learn from the Bible today?
- What did you learn from the DVD film today?
- What can we share with our friends and family?

Prayer



Finish the lesson by encouraging the young people to pray through their two pledges (workbook page 15 / PPT slide 13)



Visualisation exercise

Instructions



- Explain to the children that they are going to play a short movie in their heads. They are going to close their eyes and listen really carefully. They should try and imagine being the person in each part of the story – what does it feel like?
- Read the first paragraph slowly. Pause before reading the second paragraph slowly.

Extract

It's Friday night and you're warm in bed. You hear the rain as it starts to fall pitter-patter, splish splosh in the gutter outside your window. "Ah no", you think to yourself, "not another wet night! The ground will be wrecked tomorrow. I bet the match will be cancelled again. I hate our damp, mucky weather. I wish I lived somewhere else".

[pause]

It's Friday night and you hear a distant rumble. Heavy rain thuds on the ground outside as water gushes along the main road. Shouts and falling rubble from neighbours close by signalling fear – the quake is closer than you'd thought. Dragging a blanket under the bed frame, you can't stop the aching worry for your best friend living down by the river. That's the worst place to be. You huddle with your family bracing yourself for another long night, hoping that the house will be able to withstand the water and tremors for another day. "Please God, let the rain stop soon".



Bible elements

Session 1



Genesis 2:15 – "The Lord God took the human and settled him in the garden of Eden to farm it and to take care of it."

Psalm 24:1 - "The earth is the Lord's and everything in it, the world and all who live in it."

Session 2

Genesis 1:27 – "God created humanity in God's own image, in the divine image God created them."

Session 3

Leviticus 19:18 – "Love your neighbour as yourself."

Mark 12:29-31 – "The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbour as yourself.' There is no commandment greater than these."

Session 4

Luke 10:25-37

The parable of the good Samaritan

²⁵ A teacher of the Law came up and tried to trap Jesus. "Teacher," he asked, "what must I do to receive eternal life?"

²⁶ Jesus answered him, "What do the Scriptures say? How do you interpret them?"
²⁷ The man answered, "Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind'; and 'Love your neighbour as you love yourself."
²⁸ "You are right," Jesus replied; "do this and you will live."

²⁹ But the teacher of the Law wanted to justify himself, so he asked Jesus, "Who is my neighbour?"

³⁰ Jesus answered, "There was once a man who was going down from Jerusalem to Jericho when robbers attacked him, stripped him, and beat him up, leaving him half dead. ³¹ It so happened that a priest was going down that road; but when he saw the man, he walked on by on the other side. ³² In the same way a Levite also came there, went over and looked at the man, and then walked on by on the other side. ³³ But a Samaritan who was travelling that way came upon the man, and when he saw him, his heart was filled with pity. ³⁴ He went over to him, poured oil and wine on his wounds and bandaged them; then he put the man on his own animal and took him to an inn, where he took care of him. ³⁵ The next day he took out two silver coins and gave them to the innkeeper. 'Take care of him,' he told the innkeeper, 'and when I come back this way, I will pay you whatever else you spend on him.'"

³⁶ And Jesus concluded, "In your opinion, which one of these three acted like a neighbour toward the man attacked by the robbers?"

³⁷ The teacher of the Law answered, "The one who was kind to him." Jesus replied, "You go, then, and do the same."

